



Thank you so much for supporting Red Nose Day 2017.

We've received massive support from schools, businesses, community groups and corporates across New Zealand, with our current total sitting close to \$860,000, with more donations expected to be banked in the coming weeks. We are confident we'll hit our \$1 million target, so thank you for helping make a difference to the health of our children this Red Nose Day. All the money raised from the appeal will be used to fund research to help deliver better health outcomes for Kiwi kids.



Meet researcher Dr Nigel Harris

Dr Nigel Harris is a senior lecturer at the Human Potential Centre, Auckland University of Technology. He's currently [researching](#) the correlation between high intensity interval training and improved mental health.

We asked Dr Harris what drives him to continue his pursuit in child health research?

"Seeking evidence-based solutions towards making a real difference drives me. Given that we know how formative the young adolescent phase of life is, determining approaches that have a positive impact is so important. Modern life is certainly a challenging journey for our youth to navigate, so contributing to that through quality research seems a most worthy purpose."



World mental health day was celebrated this week, and with one in four Kiwi kids experiencing a significant mental health issue, Cure Kids is proud to support Dr Harris.

[Learn more about Dr Harris](#)

Coming Up: Rotary Devonport Fine Homes Tour



The Fine Homes Tour of Devonport by Devonport Rotary is back on 27 October.

The tour provides a rare opportunity to see ten stunning homes in Devonport.

The event is open to all and the tickets cost \$60 each (no extra costs). 100% of the ticket sales will be donated to four chosen charities, including Cure Kids.

Hurry! Limited tickets available. Get yours now.

[Buy Tickets](#)

The Great Adventure Race 2018 is back!

Does the idea of running across the stunning Hunua ranges, traversing challenging waterways, mountain biking through rich native New Zealand bush and navigating through an untouched scenic trail route interest you?

[Register now](#) and sign up for either the full 6-9 hour course, or take on our newly introduced 3-6 hour shorter course, for those taking on their first endurance.

We are looking for teams of four to join us for this epic challenge next March.

When: Saturday, 17 March 2018

Where: Hunua Ranges, Auckland



[Register Now](#)

Ticket to Hope 2017

Our ambassador families are a very special, part of Cure Kids. From sharing their personal stories with us, to helping out at fundraising events, and being the inspiration for the research we fund, they give so much of their time to us.

Ticket to Hope is our opportunity to give something small back to these wonderful families.



Recently, five of our ambassador families joined us for an incredible weekend in Queenstown. The kids were treated to a bunch of fun activities, and their parents had time to relax, and absorb the beauty of Central Otago.

A special thanks to our partners and the Queenstown community for making this wonderful weekend possible.



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